



May 2009 News

1801 Beaufort Avenue Comox V9M 1R9

Centre Hours

Monday to Friday 8 am—3 pm
Saturday 1 pm—3 pm

Office Hours

Monday to Friday
10 am—1 pm

(250) 339-5133

www.comoxseniors.ca

Events & Notices

Tea Dances

2nd and 4th Sunday
of the month
\$5.00 per person

Fiddlejam

May 10th

Claire's Combo

May 24th

Dinner Theatre Night

Friday, May 22nd

performed by the famous

Union Bay Players

Roast Beef Dinner

with Yorkshire Pudding

Tickets are available now
at the office

Deadline for June Newsletter

Please have your articles in

by Friday, May 22

Email: islandcec@shaw.ca

(Continued on page 2)

President's Remarks

We have received a \$10,000.00 grant from the New Horizons Capital Program to purchase a new stove for the kitchen as our stoves need repairing every few months.

There are computer instruction classes every Monday at 10:00 am by Dave Robinson, except when there is a board meeting.

We have a Wii and will set up a program for anyone willing to play.

New members, John and Vera Barrett, will be taking over the Special Events in September.

We would like to give special thanks to Jack and Blanch Cambell for the hard work they do in the kitchen.

And thanks to all those that work in the office; a great team.

*Editor's Note

I have been editing the news-letter for 5 years and it has been an enjoyable experience. I thank everyone for all of their interesting articles over the years. Now it's time to step down and let someone else have some fun.

I would like to thank Celia Poulson for volunteering to take over the position of news-letter editor. I'm sure she will do a great job.

Articles for the newsletter can be emailed to Celia at: islandcec@shaw.ca or placed in the newsletter box at the centre.

Darlene Petzinger

There are a few members who are playing table tennis three times a week.

We had a great pancake breakfast, bake and book sale on Saturday, April 25. Thanks to all those who worked in the kitchen and with the sales.

We also thank Darlene for the work she has done in the past number of years, both in editing the newsletter and setting up our data base.

Tony Hermes

Birthday Party

The exercise classes held a birthday party for their instructor, Magi Schoffield-Reid, on April 4th. Eighty-two people attended and so many guests arrived bearing food that the tables were straining under the weight. Other guests made a donation at the door, which was much appreciated, and was used to offset expenses. Gerry Bullen entertained by singing some of our favourite songs and Jean Turner played the piano while the guests sang "happy birthday". There was no shortage of helpful hands during the preparation and clean-up and everything was left sparkling as the last person locked the door.

We would like to take this opportunity to thank Magi for the many years of service she has given to our senior's centre; always giving her best, with a smile on her face and her cheerful wit.

Thank you, Magi, and we look forward to sharing many more

Special Events News

The Special Events Committee is again up and running under the leadership of John and Vera Barrett. They will undertake responsibility for monthly dinners and entertainment beginning in September and would very much appreciate your help. If you would like to be part of this important (and fun) area of our Centre please call them at 338-1032.

Also, the Board of Directors approved holding the monthly dinners on Saturdays beginning in September. Setting up on Fridays is no longer possible unless we disrupt new programs that have been added to the schedule. Non-members will in future be charged \$15.00 a ticket while the ticket price for paid-up current members will remain at \$12.00.

The upcoming Dinner Theatre with the Union Bay Players on May 22nd is bound to be a sell-out given their great performance here last year, and the Anniversary Tea on June 25th is always a very popular event. Mark your calendars now!

Tea Dance

The Fiddlejam fiddlers are back again for a Tea Dance on Sunday, May 10th and Clair's Combo on Sunday, May 24th. Having taken a break in April, the band is keen to play for the delightful dancers who so elegantly glide about the floor.

The dancing goes from 2:00 pm to 4:00 pm with a short break in between for "freshening up". So, join Fiddlejam on Sunday, May 10th, for dancing and pretty petit fours. Cost is \$5.00 at the door.

(Continued from page 1)

Fishing Opportunity at Fish and Game

During the first two weeks in June, groups of seniors and disabled individuals will have the opportunity for a full fun day of trout fishing in the pond at the Courtenay and District Fish & Game Protective Association. Community donations and members have made a wide sturdy floating pier to accommodate wheelchairs and walkers.

Club volunteers will provide assistance with bait, casting, netting and all fishing gear will be provided. There is no charge.

For interested groups, please contact Ron Watanabe, Coordinator of the event at 250-890-2090 or tojosan@telus.net.

Phone soon to book for this popular event.

Healthy Aging Support Group April – May Seminars

All programmes have been cancelled due to lack of interest.

Bill Georgeson

WHIST

Whist is played every Monday at 7:30 pm at d'Esterre with a friendly group willing to help anyone learn how to play whist.
Tony Hermes





GOLF CLUB

Thursdays @ 2:30 pm
Longlands Par 3
Bill Georgeson
250-339-0789

Newest Exercise Kid on the Block

Wednesday Wii Fit Yoga, etc. 11:05 am
Arabella Benson 250-941-8885

Bridge

Monday - 12:30 - bring a partner
Tuesday - 7 pm - duplicate
Wednesday - 12:30 - drop-in
Thursday - 12:15 - ladies
Friday - 12:30 - all levels
 - 6:30 pm - drop-in
Saturday - 1 p.m. - duplicate
1st Sunday - 1 pm - partners

**Spotlight
on the
Sid**

250-338-2420

This is for all Parents, Aunties, Uncles and Grandparents

Why not buy a SEAT AT THE SID for that GRADUATION GIFT? Their name will be there for posterity. What a way to honour them and yourselves, as your name will also be engraved on the plaque. Pop into the SID reserve a SEAT now in time for GRAD 2009.

www.sidwilliamstheatre.com

Menu for May

The kitchen staff prepares fresh home made soup, sandwiches, muffins and deserts daily, Monday to Friday 11 AM to 1 PM.

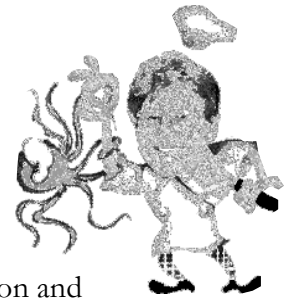
Available daily are salmon and egg salad sandwiches and on Wednesdays we have bacon and tomato and on Fridays grilled cheese sandwiches.

Tuesdays and Thursdays hot meals will be served as follows:

Tuesday the 5th ----- Pork Chops
Thursday the 7th ----- Chicken
Tuesday the 12th ----- Beef Stew
Thursday the 14th ----- Salmon Cakes
Tuesday the 19th ----- Pork Roast
Thursday the 21st ----- Liver & Onions
Tuesday the 26th ----- Shepherd's Pie
Thursday the 28th ----- Ham and Scalloped Potatoes

Thank you to all the volunteers that helped in the kitchen with the preparation and clean-up for our Pancake Breakfast. Without their help, it would not have been so successful.

Thank you all.



Artists Group

It is almost May as I write this and we are all eagerly awaiting our workshop with Clive Powsey on May 7. He will instruct us in painting a seascape with atmospheric skies, water and trees. Hopefully, by the end of the day, each of us will have been able to complete our own masterpieces in the loose style that Clive will have shown us. We are charging a small fee to share in the costs of this workshop, so let Dorothy Gardner know if you wish to be one of the participants as soon as possible if you have not already done so.

Drop by on Mondays and see us at work on our paintings. Join in if you wish to learn more about what we do.

Cheers from Dorothy (250 897 1089)



Bingo is played most Saturdays at 1 pm in the lounge. Everyone is invited to come and enjoy the afternoon.

Tony Hermes

Comox Seniors' Centre 339-5133

Clubs	Activities					
Snooker Club Bill Brown 339-3020	Monday	Soapstone Carving	10:00 AM	Norma McPhail or Marilyn Hannah	339-5970 339-6012	
		Painting	10:00 AM	Dorothy Gardner	897-1089	
		Computer Instruction	10:00 AM	Dave Robinson	703-2536	
		Weights	11:00 AM	Janet Liszt	890-3332	
		Bridge (Partners)	12:30 PM	Tom Dugdale		
Wood Shop Dave Robinson 703-2536		Sub/Partners		Wendy Peddie	339-9299	
		Carpet Bowling	1:00 PM	Barb Thomson	339-0594	
		Table Tennis	3:00 PM	Jeanette Baron	339-7161	
		Whist	7:30 PM	Tony Hermes	338-5721	
Rock & Gem Club Al Dzuba 334-1909	Tuesday	Ceramics	9:00 AM	Marion Knisely	339-4451	
		Exercise	9:00 AM & 10:00AM	Evelyn Wright or Babs Bullen	339-7493 339-0046	
		Chair Exercise	11:15 AM	Babs Bullen	339-0046	
		Craft Club	1:00 PM	Peggy Bradley	339-0566	
		Euchre	1:00 PM	Bill Brown	339-3020	
Librarian Verna Evans 339-5107		Dance Instruction	2:00 PM	Arabella Benson	941-8885	
		Duplicate Bridge	7:00 PM	Irene Smith	339-4492	
		Cribbage	7:00 PM	Charlie Richardson	897-0015	
The Card Lady Betty Radford 339-6730	Wednesday	Stained Glass	9:00 AM	Peggy Bradley	339-0566	
		Weights	9:00 AM	Janet Liszt	890-3332	
		Painting	10:00 AM	Dorothy Gardner	897-1089	
		Walking	10:00 AM	Bill Brown	339-3020	
		Belly Dance	10:05 AM	Magi Schoffield-Reid	338-9424	
		Wii Fit Yoga, Balance	11:05 AM	Arabella Benson	941-8885	
		Drop-in Bridge	12:30 PM	Alice Thomas	339-9295	
		Carpet Bowling	1:00 PM	Barb Thomson	339-0594	
Archivist Phyllis Long 339-2917		Table Tennis	3:00 PM	Jeanette Baron	339-7161	
		Whist	7:30 PM	Gillian Iddiols	339-6468	
Rentals Marion Knisley 339-4451	Thursday	Ceramics	9:00 AM	Marion Knisely	339-4451	
		Exercise	9:00 AM &10:00AM	Evelyn Wright or Babs Bullen	339-7493 339-0046	
		Chair Exercise	11:15 AM	Babs Bullen	339-0046	
		Bridge-Ladies	12:15 PM	Dorothy Carmichael	339-5886	
		Craft Club	1:00 PM	Peggy Bradley	339-0566	
		Mah Jongg	12:30 PM	Yvonne Parr	339-1080	
Custodian Bill Brown 339-3020	Friday	Tai Chi Level 2	9:30 AM	Robynn Honeychurch	339-2415	
		Walking	10:00 AM	Bill Brown	339-3020	
		Tai Chi Level 1	10:35 AM	or Babs Bullen	339-0046	
		Soapstone Carving	12:30 PM	Norma McPhail or Marilyn Hannah	339-5970 339-6012	
		Bridge-All Levels	12:30 PM	Joan Clarke	339-3212	
		Carpet Bowling	1:00 PM	Barb Thomson	339-0594	
		Table Tennis	3:00 PM	Jeanette Baron	339-7161	
		Bridge-Drop-in	6:30 PM	Marilyn Hannah or Wendy Peddie	339-6012 339-9299	
Newsletter Celia Poulson 941-2007 islandcec@shaw.ca	Saturday	Bridge (Duplicate)	1:00PM	Irene Smith or Clark Graham	339-4492 339-4739	
		Bingo	1:00 PM	Tony Hermes	338-5721	
President Tony Hermes 338-5721	Sunday	1 st	Bridge-Partners	1:00 PM	Tom Dugdale	
		2 nd and 4 th	Bridge Subs/Partners (Sun & Mon)		Wendy Peddie	339-9299
			Tea Dance	2:00 PM	Tony Hermes	338-5721